

#### **CJS NEWS**

Issue 25 - Friday 22 March 2024

#### Belonging - Achieving - Growing

#### Dear Parents / Carers

Thank you to all the parents/carers and staff who supported the PTFA discos last night. Approximately 400 children across our school danced the evening away and had a great time. We really do enjoy bringing the community together in this way, putting smiles on faces. The discos rounded off a super week in school which has seen Year 4 baking biscuits in our refurbished Bluewater facility, Year 3 creating delicious sandwiches and Year 5 visiting Hampton Court, a netball competition, football competition and Y3/4 rugby festival, and an event at Twynham School which was attended by many of our instrumentalists!

We have four days in school next week before we reach the Easter break, finishing at 3:05pm on Thursday.



#### YEAR 3 SANDWICH MAKING

Our Year 3 pupils have been busy designing, making, and evaluating sandwiches as part of their Design and Technology learning. From brainstorming unique flavour combinations to critiquing their culinary creations, our young chefs are discovering the art of food design first hand.







#### **COME AND PLAY EVENT**

On Thursday afternoon, some of our musicians attended the "Come and Play" event at Twynham School where they took part in rehearsals along with Burton and Twynham Primary Schools. The afternoon culminated in a wonderful musical performance to parents which everyone thoroughly enjoyed.





Christchurch Junior School, Clarendon Road, Christchurch, Dorset, BH23 2AA Tel: 01202 485579 Email: office@cjsdorset.org Twitter: @CJSDorset

#### YEAR 5 TRIP TO HAMPTON COURT PALACE

This week, Year 5 made their way to London to visit the home of Henry VIII, Hampton Court Palace. As we have just completed a fantastic piece of writing on Henry's six wives, the children were extremely knowledgeable and were able to tell the adults all about the facts they knew in the context of the palace.

In order to bolster their understanding, they had access to audio guides which informed them about each part of the palace as they walked around.

We visited: the kitchens, the Chapel, William III's apartments and Henry VIII's apartments. Given that it was a very long day, the children coped brilliantly and they represented our school excellently.

Thank you to all the parents who supported us in making the trip happen; we couldn't have done it without you!

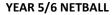




#### **CELEBRATIONS AND ACHIEVEMENTS**

#### YEAR 3/4 TAG RUGBY

A massive well done to our Year 3/4 Rugby team for their incredible efforts at Chapel Gate on Thursday. It was a fantastic day of rugby and excellent coaching from Bournemouth Rugby Club. The focus of the day was fun, respect and sportsmanship which CJS pupils showed in abundance. The team were able to win 3 out of their 5 matches which was a terrific result. Thanks to everybody who was able to come along and support, it is greatly appreciated.



On Thursday after school our Year 5/6 netball team played 7 matches against local schools winning 5 (including a 10-0 win in one of our games), drawing one and losing one game. This brilliant performance put us in second place overall; just 2 points away from going through to the County Final. Another brilliant team performance and our pupils where a credit to CJS.





#### **DATES FOR YOUR DIARY**

Thursday 28 March Last Day of Term

Friday 29 – Friday 12 April Easter Holiday

Monday 15 April First day of Term

#### **CURRENT VACANCIES AT TWYNHAM LEARNING**

https://www.twynhamlearning.com/187/staff-vacancies

We are an excellent multi-academy trust to work for and have Twynham Learning employee values that underpin our

Twynham Learning Employee Values		Attributes that support living this value	
	Aim high	Ambition for excellence Professionalism	
À	Keep improving	Humility Championing change	
İ	Don't leave anyone behind	Inclusiveness Positivity	
	See the bigger picture	Community-mindedness Being collaborative	

VACANCY	SCHOOL	CLOSING DATE
Cleaner in Charge	Twynham Primary School	27/03/2024
Teacher of Philosophy , Religion and Ethics (PRE)	The Grange School	16/04/2024
Teaching Assistant	Twynham TGS	12/04/2024

#### A MESSAGE FROM SUSTRANS—PARKING PROMISE SCHEME

BCP Council are trialling a Parking Promise scheme. The scheme is to help improve road safety and air quality outside our school gates whilst creating a calmer and more welcoming atmosphere for all our pupils.



#### By signing up to the parent parking promise, you are agreeing to -

- Walk, cycle or wheel to school wherever possible. Only drive to school if you really need to.
- Park at least 5 minutes from school if you need to drive, and stride/scoot/cycle the rest of the journey.
- Follow the Highway Code and park sensibly away from zigzags, double yellow lines and junctions.
- Respect our local community and park considerately keeping residents' driveways and all pavements and dropped kerbs clear.
- Drive slowly and attentively, particularly when close to the school.

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If you would like to participate, please email the office and we will provide the sticker which is to be displayed in your vehicle.

#### A MESSAGE FROM BCP CAN-DO COASTAL COMMUNITY PROJECTS

Founded in 2024, Can-Do BCP Coastal Community Projects aims to make a tremendous impact thanks to the help of members and volunteers in the Christchurch community. We are a new organisation that collect cans and sell them on to a Scrap Metal merchants, the more collected the better the sale price achieved more money we make! The proceeds of the funds go to support Christchurch food bank and other local charities - all focused on helping young disadvantaged people. Please join us by supporting our efforts to make a meaningful difference in the lives of others. For more information, please follow the link below:

#### Home | Can-Do (can-do-bcp.com)





#### ATTENDANCE RACE WINNERS

The winners of the attendance race for w/c 18 March 2024

Year 3	3CM	96.8%
Year 4	4AL	98.2%
Year 5	5CD	97.8%
Year 6	6CO	98.6%



# School Based Anxiety

Does your child refuse to come to school? Is your morning full of lots of heightened emotions?

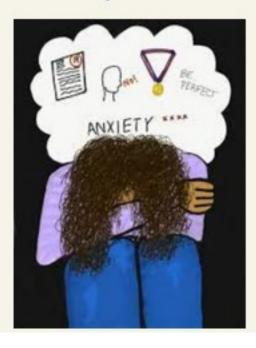
Join Steph Rice our BCP Early Help Navigator to talk about children's anxiety around attending school.

#### Areas covered:

- What is school, refusal?
- What does anxiety look like?
- · push and pull factors
- · top tips to support school refusal.

When: Tuesday 30 April, 9.00am-10.00am

Where: The Old Hall, Christchurch Junior School



#### A MESSAGE FROM ELEVATE FOUNDATIONS—ACTIVITY CALENDAR

Elevate Foundation offers various activities and courses that focus on wellbeing and helping young people grow in confidence, while providing practical ways to manage the challenges they may face. All sessions are led by experienced qualified facilitators and each one will have a different emphasis in promoting well-being through practical, physical and creative skills.

# **ACTIVITY CALENDAR 2024** APRIL - JUNE

#### EASTER HOLIDAYS



#### **EQUINE SESSION**

10am-12pm, Ages 10-16 years

A therapeutic session interacting, grooming, and connecting with

Location: Beechen Lane, Clayhill, S043 7DD £5 plus Eventbrite Fee



#### SURF THERAPY SESSION

10am-12pm, Ages 11-16 years

Session starts with mindfulness to relieve stress & calm the mind, followed by a surfing lesson.

Location: Sorted Surf School, BH5 1BN

£5 plus Eventbrite Fee



#### STRESS RELEASE KICKBOXING 11am-12pm, Ages 11-16 years

A fun 1 hour kickboxing session to help alleviate stress. Location: Wesley Centre, 34A Christchurch Road, BH24 1DN £5 plus Eventbrite Fee

#### **MAY HALF TERM**



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MAY



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TO BOOK OR FIND OUT MORE VISIT: WWW.ELEVATEFOUNDATION.CO.UK



# FOUNDATION ACTIVITY CALENDAR 2024 COURSES APRIL - JUNE

#### **6-WEEK COURSE**



#### EMPOWERING YOUNG MINDS Sundays 11am-12:30pm, Ages 11-16 years

Covering self-awareness, anxiety, mindfulness, self-love/care, positive relationships

Dates: April 21st, 28th May 5th, 12th, 19th & 26th

Location: Mad4dance, BH23 10E £10 plus Eventbrite Fee

#### 3-WEEK COURSE



#### FLAVOURS COOKERY

Mondays 4:30pm-6pm, Ages 8-11 years

Fantastic 3-week cookery course, working in small groups to create 3 dishes that they sample at the end.

Dates: May 13th, 20th & June 3rd

Location: Flavours School of Cookery, BH7 6BQ

£10 plus Eventbrite Fee

#### 3-WEEK COURSE



#### FLAVOURS COOKERY

Mondays 6pm-8pm, Ages 12-16 years

A fantastic 3-week cookery course, creating 1 dish to take home and 1 dish to sample each week.

Dates: June 10th,17th & 24th

Location: Flavours School of Cookery, BH7 6BQ

£10 plus Eventbrite Fee

#### **6-WEEK COURSE**



#### **BLUE SPACE THERAPY**

Fridays 4:30pm-6:45pm, Ages 11-16 years

Surfing, paddle boarding, body boarding with elements of sensory regulation and outdoor play therapy.

Dates: June 7th, 14th, 21st, 28th July 5th,12th

Location: Sorted Surf School, The Overstrand, BH5 1BN

TO BOOK OR FIND OUT MORE VISIT: WWW.ELEVATEFOUNDATION.CO.UK





### 29th April 7-8pm

Come and join us online, we're talking about

# Helping kids back into school





Book online facefamilyadvice.co.uk go to the PARENT page



#### April 2024

## Newsletter

# Happy Easter...summer term bookings happening now!



Approved CPD training for anyone who works with children or teenagers.

National Standards CPD accredited with certificate

Monday 29 April 19:00 -21:00

FREE



#### Helping kids back into school

School refusal is a growing concern.
This session looks at why it is occurring and offers supportive ideas to assist parents.

Tuesday 9 April 19:00 - 21:00 £24



#### **Cannabis Awareness**

Still on the increase, are you able to talk to young people about this drug? Get the facts and the confidence to be able to have the conversation.

Thursday 18 April 19:00 - 21:00

£24



#### Understanding Addictive Behaviour

Screens, gaming, social media.
What is happening to the brain and body and how can we control it.

facefamilyadvice.co.uk.

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