



CJS NEWS

Issue 17 — Friday 19 January 2024

Belonging - Achieving - Growing

Dear Parents and Carers

I often remind pupils that it is important to keep themselves healthy as this really does contribute to their wellbeing. It was, therefore, brilliant to see Year 4 children enjoying their cookery session this week where they learnt all about nutrients that support health—read more about this later in the newsletter. Year 5 have their turn next week!

We encourage children to 'get moving' during break and lunchtime as the science behind regular exercise is well known from a fitness perspective and in terms of supporting children to concentrate when learning. In addition to this, children also benefit from two dedicated PE or Games lessons each week.

If you are keen to get your children into after-school clubs or would like some support in identifying suitable community clubs, please get in touch with the school office and we will help you.

SR Fuller

WELLBEING ACTIVITY – MINI-TENNIS/FITNESS FUN

We are delighted to be able to offer parents and carers of CIS and CJS the opportunity to join regular FREE sports sessions for adults each **Monday morning between 9 and 10am**. Our new Sports HLTA, Mr Harris, will be leading mini-tennis/fitness fun and all you need to do is arrive for a 9am start ready for fun, and preferably wearing a pair of trainers and something you can run around in. All other equipment will be provided, although you can bring your own tennis racket if you wish. No previous experience is necessary and you do not need to pre-book – just come along whenever you can.

The sessions will take place on the CJS playground; please enter the school grounds via the small car park on Clarendon Road (you do not need to come to our office reception). We look forward to welcoming you from Monday 22 January.

SCHOOL UNIFORM REMINDER

A reminder that children are not allowed to wear jewellery to school, with the exception of one pair of plain stud earrings. Your child must be able to remove these earrings her/himself for PE or parents/carers must provide medical tape to cover them up. Please ensure your child is upholding this expectation. Where possible, we also ask that long hair is tied back on PE/Games days. Staff will be reminding children of these expectations.

DATES FOR YOUR DIARY

Tuesday 23/Wednesday 24 January	Year 5 Cookery Workshops
Friday 2 February	DCF—bring a bear to school for £1 (see poster)
Monday 5/Wednesday 7 February	Parents' evenings—details to follow
Thursday 8 February	Last day of term
Friday 9 February	Staff Training Day—no pupils to attend
Monday 19 February	First day of term

YEAR 4 COOKERY WORKSHOPS

This week, each Year 4 class had a cookery workshop with the Christchurch Food Festival Educational Trust. The children did a rotation of three activities where they learned how to cook chicken chow mein and learned about the nutritional value of the ingredients included; they were involved in cooking a Mediterranean fish stew; they also learned about having a balanced diet, the Eatwell Plate and the sugar content of drinks. We were really impressed that many children tried foods they had not eaten before. The food was absolutely delicious and lots of children said they were inspired to try cooking some of the recipes at home. We would love to hear about their creations if they do!



CELEBRATIONS AND ACHIEVEMENTS

PLAYER OF THE MATCH

Congratulations to Hannah in 4AL for winning player of the match last Saturday in her game against Totton.

Hannah plays for Mudeford Phoenix under 9 girls' team and was brilliant in defence, breaking up a number of the oppositions attacks. It was a very close fought match in very cold weather, but as you can see, Hannah had a fantastic time and was extremely pleased with her award. Well done, Hannah!



GIRLS' FOOTBALL FRIENDLY MATCH

On Thursday 17 January, some of our Year 6 girls' football team played against St Katherine's School in a friendly match. Despite the bitterly cold weather, the girls played brilliantly and looked fabulous in our new football kit. They managed to hold St Katherine's off and stay 0-0 right until the last few moments of the game, conceding in the final minute. Well done girls!



ATTENDANCE RACE WINNERS

The winners of the attendance race for w/c 15 January 2024

Year 3	3SC	99.2%
Year 4	4PG	99.2%
Year 5	5AM	95.7%
Year 6	6CO	94.7%

A MESSAGE FROM SUSTRANS—CHRISTCHURCH JUNIOR SCHOOL WALKING ZONES

Take part in our 5 minute walking zone challenge by trying to park outside the zone as per the map below and walk the rest of the way.

Pupils from the school mapped and walked the routes to measure how far you can get in 5 minutes.



This leaflet shows the five minute walking zone that has been mapped out by our pupils, and an estimated ten minute walking zone.

In order to reduce congestion round the school, we would like people who currently arrive by car to try parking outside of the walking zones and walk the rest of the way to school.

This will improve safety and the environment around the school site for everyone and allow the opportunity for some healthy exercise at the start and end of the school day.

Thank you for supporting our walking zones.



Christchurch Junior School Walking Zones

Our aim is to reduce traffic congestion around the school, and encourage families to walk at least part of their journey to school.



Quotes from the Eco-team:

- "The further away the cars are from the school, the healthier and happier we'll be."
- "My little brother's friend's Mum has a baby and sometimes struggles to push the pushchair past the cars on the pavement."
- "Me and my Mum find it hard to find a safe place to cross because of all the cars."
- "You can see lots of things on the way when walking to school"
- "It's good to get your energy up"
- "Being outside makes you feel calmer, less stressed and can take your worries away"
- "It makes you feel happier."



Christchurch Junior school walking zones



Key

- 5 minute walk zone measured by Christchurch Junior School Eco-Team.
- Estimated 10 minute walk zone

If you drive to school, please park outside the walking zone and walk the rest of the way.

If everyone works together to do this, there will be fewer cars around the school site, meaning less congestion, less pollution, and a nicer environment for your

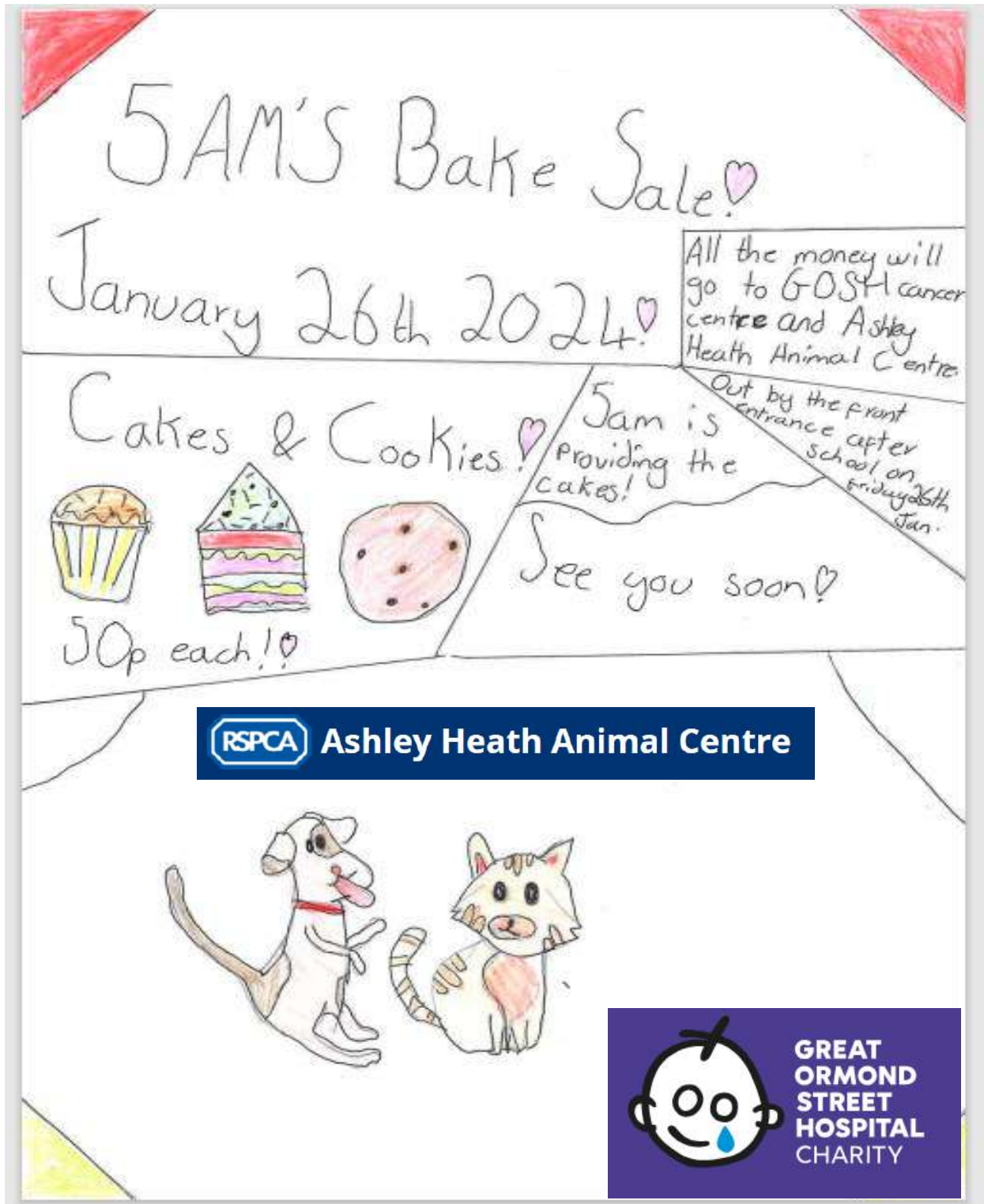
We can all help to make Christchurch Junior School a nicer place



© OpenStreetMap contributors ▼

BAKE SALE

Railay in 5AM IS organising a bake sale on Friday 26 January to raise funds for the Children's Cancer Centre at Great Ormond Street Hospital, and the Ashley Heath RSPCA Animal Centre. A selection of cakes and cookies will be displayed on tables outside reception so please come along and buy some to support both causes.



CURRENT VACANCIES AT TWYNHAM LEARNING

<https://www.twynhamlearning.com/187/staff-vacancies>

We are an excellent multi-academy trust to work for and have Twynham Learning employee values that underpin our work together:

Twynham Learning Employee Values	Attributes that support living this value
 Aim high	Ambition for excellence Professionalism
 Keep improving	Humility Championing change
 Don't leave anyone behind	Inclusiveness Positivity
 See the bigger picture	Community-mindedness Being collaborative

VACANCY	SCHOOL	CLOSING DATE
Cleaner	Twynham TGS	26/01/2024
Clerk to Local Advisory Board (LAB) (Primary)	Twynham Learning Core Services	26/01/2024
Clerk to Local Advisory Board (LAB)	Twynham Learning Core Services	26/01/2024
Estates Manager	Twynham Learning Core Services Team	05/02/2024
Exam invigilators	Twynham TGS	26/01/2024
Head of Design Technology	Twynham TGS	26/01/2024
School Based Social Worker	Twynham TGS	24/01/2024
Science Technician	Twynham School	29/01/2024
Teacher of Design and Technology	Twynham TGS	29/01/2024
Teacher of English	Twynham School	29/01/2024
Teacher of Food Technology (0.6 up to full time)	Twynham TGS	29/01/2024
Teacher of Geography	Twynham School	26/01/2024
Teacher of MFL	Twynham School	29/01/2024

PARENT CHAMPION

Each month a dedicated Parent Champion will hold one session to support families in navigating appropriate local and national services and networks to meet the needs of their children. Time slots will be allocated to individual families on a first come first served basis and are held in confidence during the school day. To enable us to plan ahead for these sessions we are asking parent/carers to email an expression of interest to parentchampion@cjsdorset.org (this address is monitored by the school, on behalf of the parent champion.) Once we have confirmed dates for the sessions to run, we will offer a meeting date and time to all those who have shown an interest.



LETTER FROM THE FRIENDS OF CHRISTCHURCH JUNIOR SCHOOL TRUSTEES

Dear Parents, following our AGM in October, our PTFA is in urgent need of parents willing to take on the leadership of this charity. The Chairman and Treasurer have both stepped down from their roles after years of amazing dedication to the charity. However, we are still unfortunately without anyone willing to take over and continue our amazing work.

Sadly, the charity will cease to operate in February without volunteers coming forward.

The charity raises over £10,000 each year to feed into projects requested by the school (including our Play Trail Equipment); subsidising swimming lessons; and contributing towards school trips for each year group. At a time when the cost of living is a struggle for many, losing this supportive charity will have a very negative impact.

Roles:

Chairperson – Overseeing meetings either at school or another suitable venue, supporting and liaising with volunteers who organise a range of fundraising and community events. Take on a trustee position for the charity.

Treasurer – collating receipts and transferring funds from our bank account. Keeping the spreadsheets up to date ready for the End of Year Accounts. Attending committee meetings to update volunteers. Take on a trustee position for the charity.

Thanks:

Our most heartfelt thanks go to Rachel Robinson (Treasurer) who has selflessly given years of her time to managing the books and volunteering her time to raise thousands of pounds for our children's curriculum and extra-curricular activities.

Nicholas Cooke (Chairman) who has led the PTFA is needing to take a step back from being our Chairman due to increasing work commitments (also a teacher!). Nick has worked with the PTFA since 2020 helping to bring our community events back and also raise thousands for all our children. He has been incredibly dedicated and will be missed.

To talk through this in more detail please phone or message **Nick on 07737522704** or contact Mr Fuller through the office.

A MESSAGE FROM THE CHILDREN’S COMMISSIONER FOR ENGLAND—“THE BIG AMBITION”



I hope everyone at Christchurch Junior School enjoyed the much-needed Christmas break. I just wanted to offer my final thanks for your support with my national campaign ‘The Big Ambition’ which will be **closing this Friday 19 January**.

I have been overwhelmed by the response the survey has received. Over 300,000 children, young people, parents and carers have participated, making it one of the largest surveys of its kind!

This is the final push to hear from even more children before the survey closes, it is so important that every child in England has an opportunity to tell policy makers what they want and need ahead of the General Election.

By sharing my survey with your pupils and parents or carers, you can make sure that the children and young people of Bournemouth, Christchurch and Poole are fairly represented in the results.

Children and parents or carers can complete the survey here: www.childrenscommissioner.gov.uk/thebigambition

I am so very grateful for your support, and I am beyond excited to share the findings.

Very best,

Dame Rachel De Souza

Children’s Commissioner for England



A MESSAGE FROM THE ROYAL ACADEMY OF ARTS—YOUNG ARTISTS' SUMMER SHOW

The Royal Academy of Arts are holding a Young Artists' Summer Show which is a free, open submission exhibition for young artists aged 4–19 years studying in the UK. If your child would like to take part, please submit a good quality photograph of your artwork to **Miss Melvin via the office before 20 March**. Each student can submit one artwork. The artwork can be made using any material; it can be a painting, sculpture, photograph, installation, video, drawing, or a combination. There is no theme. Your artwork will need to be accompanied by your age, first name, title and a little bit of information about the artwork and why you made it (please send this with your submission).

Parents/Carers will also need to complete a permissions form. These will then be scanned and sent to the Royal Academy. They are then judged by a panel of artists and arts professionals with **selected** artworks displayed online and on-site at the Royal Academy of Arts. Prizes are awarded each year for inspiring artworks, as chosen by the President of the Royal Academy. For more information, follow the link below.

[Young Artists' Summer Show | Royal Academy](#)

RA

Call for entries

An exciting opportunity for students aged 4–19 to exhibit their artwork online and at the Royal Academy of Arts

Open for submissions
8 January – 27 March 2024

Find out more and enter
[royalacademy.org/youngartists](#)
[#RAYoungArtists](#)

Young Artists' Summer Show

2024

Royal Academy of Arts

Made possible by Robin Hambro

Young Artists' Summer Show

Permissions form

The Young Artists' Summer Show offers students aged 4–19, and studying in the UK, the chance to exhibit their artwork at the Royal Academy of Arts, online and onsite.

Student's full name

Student's class / year

Student's age

I give permission for the above student to participate in the Young Artists' Summer Show. I have read the terms and conditions and understand that:

— My child's artwork, first name, and age may be shared on the Royal Academy of Arts and Young Artists' Summer Show website and/or social media channels.

— The Royal Academy of Arts may use the image of the artwork to advertise the Young Artists' Summer Show.

Parent/guardian full name

Relationship to student

Parent/guardian's signature

Date

RA

Royal Academy of Arts

DORSET CHILDREN'S FOUNDATION—BRING A BEAR TO SCHOOL DAY

On Friday 2 February, we would like to support Dorset Children's Foundation by asking our pupils to bring in their favourite bear. The charity was set up in 2013 with the sole purpose of helping improve the lives of sick and disabled children. To make a donation, pupils can bring in £1.00 on the day or alternatively, please follow the link below to donate to their JustGiving page

<https://www.justgiving.com/campaign/thedcfbigbearcampaign>

The Dorset Children's Foundation Wish List

-  £10 pays for a sensory pack for a child with ASD or sensory needs.
-  £45 pays for counselling to help parents cope with life raising a child with complex medical needs.
-  £60 pays for a bicycle ride for 10 children on specialist adapted bikes.
-  £65 pays for a visit from a play specialist for those with profound physical and learning disabilities.
-  £100 pays for a stay and play group for 30 preschool children with special needs.
-  £160 pays for a Saturday Club session for 30+ children with the most profound physical and learning disabilities.
-  £250 pays for exclusive use of an indoor skate park for up to 150 people.
-  £500 is enough to sponsor a fully accessible speedboat trip for up to 11 people.
-  £3000 pays for 10 families to attend a residential outdoor adventure weekend.

 info@thedcf.org

DONATE NOW

 Approved with FUNDRAISING REGULATOR

www.thedcf.org
Charity Reg: 115038

A MESSAGE FROM MULTI CHAMPS HOLIDAY CAMP—FEBRUARY HALF TERM



MULTI-CHAMPS HOLIDAY CAMP



Multi-Champs is a unique and inclusive Holiday Club that caters for all children aged 4 – 12.

It is run by several Primary School teachers who have experience of working with children on a day-to-day basis.

What do the reviews say?



"My son has been going to holiday club for over a year and loves every minute of it! The teachers and coaches are all amazing and he always comes home so excited to tell me what they have done that day! Cannot recommend highly enough!" 🌟🌟🌟🌟🌟

"My 4 year old was originally only booked in for one day but he loved it so much he asked to do a second day! Thanks to all of the staff. We will definitely be booking him in again." 🌟🌟🌟🌟🌟



📍 Christchurch Junior School

- 50% Sibling Discount
- 13th - 15th February
- Early drop off & late pick up available 🕒



MULTI-CHAMPS HOLIDAY CAMP



What makes Multi-Champs different?

At Multi-Champs, we pride ourselves on offering a nurturing environment that caters for all.

We give children the opportunity to choose their activities for the day, where they are free to move between our engaging sports and arts and crafts activities.

We understand that every child is unique!



What does a day with us typically look like?



9:00-9:15	Welcome and introductions!	
9:15-10:15	Team building challenge: Who can build the best rocket?	
10:15-10:30	Snack break / free play	
10:30 - 12:00	Sports Choice: Dodgeball	Arts & Crafts Choice: Mask making / Stained glass windows
12:00-1:00	Lunch / free play	
1:00-2:30	Sports Choice: Football	Arts & Crafts Choice: Sponge painting / Dream catchers
2:30-3:00	Talent Show!	



Is your Champ ready for Camp?

TO BOOK - HEAD TO:



www.multi-champsholidaycamp.com



Swimming INTENSIVE 5 DAY COURSE

 **FEB HALF TERM** 
930AM OR 10AM

SWIMMERS 3YRS PLUS : + £65 PER CHILD
ALL LEVELS WELCOME

BCS COLLEGE ROAD SOUTHBOURNE
TEXT / CALL AQUAKIDZ ON
07891 859375 TO BOOK!

