



Christchurch Junior School – Bikeability Level 2 – Easter Hols

Dear Parent/Guardian

I am pleased to be able to offer Bikeability Level 2 courses during the Easter Holidays to all those in Year 5 and above who have completed Bikeability Level 1 previously. The training is **completely free of charge** but numbers are strictly limited to 4 children per group so bookings will be taken on a first come served basis.

Please note that all courses will meet and finish at The Endfield Road (Cemetery) Play Area, Endfield Road Christchurch BH23 2HT.

During Bikeability Level 2 your child will learn how to:

- Start and finish a journey by road, including passing parked or slower moving vehicles
- Be aware of everything around you and signal your intentions to other road users when someone needs to know what you're doing
- Position yourself properly on the road and pass side roads
- Use junctions including turning left and right into major and minor roads
- Decide whether a cycle lane will help with your journey
- Use the Highway Code, particularly when it comes to understanding road signs

The dates of the training are as follows (**One session required**):

Tuesday 6th April 9am-11am or 11.30am-1.30pm

Wednesday 7th April 9am-11am or 11.30am-1.30pm

Wednesday 14th April 9am-11am or 11.30am-1.30pm

Thursday 15th April 9am-11am or 11.30am-1.30pm

If you would like your child to take part in the training then please email me a copy of the booking form overleaf with your preferred date and time. If you can be flexible that would be really useful.



BIKEABILITY BOOKING FORM Level 2

Please reserve my child a place on the **Bikeability** Level 2 training course on

Date/time.....

Venue.....Endfield Road Play Area, Endfield Road, BH23 2HT.....

I understand that my child must arrive with a roadworthy bike with 2 working brakes & sufficiently inflated tyres. Riders **MUST** also wear a correctly fitted helmet, that has been adjusted prior to attending training. Drinks should be carried by the participant in a backpack & suitable clothing should be worn. **Further advice about preparing for Bikeability Training can be found at <https://bikeability.org.uk/bikeability-training/getready/>**

***During the COVID-19 pandemic, we are following government guidance. Anyone showing symptoms must not attend and whilst the risks are very low in the open air environment, anyone attending does so at their own risk. Whilst every effort will be made to social distance, there may be occasions throughout the course this may not be possible with interaction with the general public.**

***We will be following the updated Bikeability Trust Delivery Guidance for safe resumption of training. If you have any concerns or would like to discuss further, please contact me – details below!!**

Childs name.....

Email address.....

Emergency contact name and number.....

Relevant Medical Conditions.....

Please return this form by email to **rob_doyle123@hotmail.com**.

Should you need to get hold of me on the day of the training my number is 07921140743