



## CJS NEWS

Weekly news from Christchurch Junior School

Issue 16—Friday 5 February 2021



**THE BEST FOR ALL—THE BEST FROM ALL**

Dear Parents / Carers

Thank you again for all you are doing to help your child through this tricky time. If you are starting to doubt yourself, let me remind you that you are doing a fabulous job of juggling the various elements of life at the moment. My own children are learning at home most of the week, with my wife doing an amazing job of helping them. However, I have to work from home on some Thursday afternoons currently so that my wife can go to work, and I can tell you, my children do not do as much learning as they should... Do your best, remember you are human and don't be too hard on yourselves. Yes, I want your children to keep learning while they are not in school, but I also understand the balancing act you each have.

*S.R. Fuller*

### **INSET AND BEYOND**

Friday 12th February is an INSET day. While this is not ideal for our families, particularly in this current climate, it is unavoidable. Our school IT systems are undergoing a complete infrastructure overhaul this half term—not an easy task especially when relying upon remote learning! Teachers will be busily preparing recorded lessons for Monday 22nd and Tuesday 23rd February. This is because teachers' devices will only be returned to them after half term and I cannot guarantee that there will be no teething problems with the technology. Your children will be learning on 22/23 February, but we plan for there to be no 'live' sessions on these days. Their learning will be provided through the Google Classroom and full instructions will be provided. Teachers will be contactable through Class Dojo on these days and if they can make 'live' contact through Google Meet on Tuesday 23rd then they will.

### **HALF TERM**

School is closed to all children at half-term including those of critical workers. An email sent last week advertised childcare options for critical workers, being run by Funtastic at Christchurch Infant School and by Two Rivers Childcare at Twynham Primary School.

### **CONTACT TRACING**

If your child is in school next week and subsequently develops symptoms of coronavirus over half-term, you must let the school know by contacting us through [office@cjsdorset.org](mailto:office@cjsdorset.org) so that we can support with contact tracing.

### **SURVEY**

Thank you so much for taking the time to complete our survey about remote learning and our in-school provision. We had 248 responses; that is 49.8% of you! We are using this feedback to identify the elements of our provision that can now be tweaked and improved. I will be sending an update next week to explain the results. We are fully committed to providing high-quality learning at this time.

## CHILDREN'S MENTAL HEALTH WEEK

This week has been Children's Mental Health Week. I hope our short video of jokes helped to put a smile on your faces. It is really important to support children in keeping positive and knowing what to do when things are not going so well, so your child may like to consider these ideas:

- Identify three things about your day that have gone really well
- Know who you are going to speak to if you are feeling a bit 'blue' or 'down in the dumps' - a problem shared is a problem halved
- Make sure you are exercising regularly—a few star jumps in your bedroom or dancing around the front room will help lift your mood
- Try and log into the 'live' sessions on Google Classroom—seeing your teachers and classmates will help you remain connected to school
- Give yourself a break and be kind to yourself—all we ask is that you try your best

Attached to this email is a Wellbeing Support Booklet which is aimed at parents/carers, because it is important that you look after your mental health so that you can be there for your children.

## THANK YOU NHS



Please do follow our school on Twitter for regular updates: @CJSDorset

