


















CORONAVIRUS TIER 4

STAY AT HOME

gov.uk/coronavirus

Around 1 in 3 people with Covid-19 have no symptoms so will be spreading the virus without realising. We must all take action to protect each other and our hospital capacity.

MEETING FRIENDS AND FAMILY 	BARS, PUBS AND RESTAURANTS 	RETAIL 	WORK AND BUSINESS 
<p>No household mixing, aside from support bubbles and two people meeting in public outdoor spaces.</p>	<p>Hospitality closed, aside from sales by takeaway, drive-through or delivery.</p>	<p>Essential shops can open. Non-essential retail must close and can only open for click-and-collect and delivery.</p>	<p>Everyone must work from home unless they are unable to do so.</p>
EDUCATION 	INDOOR LEISURE 	ACCOMMODATION 	PERSONAL CARE 
<p>Early years settings, schools, colleges and universities open during term time. Registered childcare, other supervised activities for childcare purposes, and childcare bubbles permitted</p>	<p>Closed.</p>	<p>Closed (with limited exceptions)</p>	<p>Closed.</p>
OVERNIGHT STAYS 	WEDDINGS AND FUNERALS 	ENTERTAINMENT 	PLACES OF WORSHIP 
<p>You must not stay overnight away from home. Limited exceptions apply.</p>	<p>Funerals of up to 30 people permitted. Wakes and other linked ceremonial events can continue in a group of up to six. Weddings of up to six can continue in exceptional circumstances.</p>	<p>Indoor entertainment closed. Some outdoor attractions may remain open.</p>	<p>Open for private prayer and communal worship, but cannot interact with anyone outside household or support bubble.</p>
TRAVELLING 	EXERCISE 	RESIDENTIAL CARE 	CLINICALLY EXTREMELY VULNERABLE
<p>You must stay at home and only travel for work, education or other legally permitted reasons. If you must travel, you should stay local, and reduce the number of journeys you make. You must not leave a Tier 4 area or stay overnight away from home. Residents in Tiers 1 - 3 should not enter Tier 4 areas. Do not travel abroad if you live in a Tier 4 area unless an exemption applies.</p>	<p>You can leave your home to exercise by yourself, with your household or support bubble, or with one person from another household. Outdoor sport allowed but gatherings limit applies except for youth and disabled sport.</p>	<p>You can visit relatives in care homes with COVID-secure arrangements such as substantial screens, visiting pods, and window visits.</p>	<p>The Clinically Extremely Vulnerable are advised to stay at home as much as possible, except to go outdoors for exercise or to attend health appointments.</p>

For support and more information visit: gov.uk/coronavirus

