

CJS NEWS

Weekly news from Christchurch Junior School

Issue 9—Friday 13 November 2020

THE BEST FOR ALL—THE BEST FROM ALL



Dear Parents / Carers

So, this happened to me this week... I tweeted about the book I am currently reading and then Jenny Pearson, author of the book in question, sent a message back to encourage our children to be reading!



Christchurch Junior @CJSDorset · 12h

Look @CJSDorset pupils, Mr Fuller is reading this incredible book by @J_C_Pearson - it's great! Copies coming to our school library imminently! What do you think @J_C_Pearson ?!

...

Please follow @CJSDorset on Twitter so you see our regular updates and let's all work together to develop your children's love of reading.

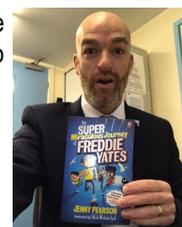


Jenny Pearson @J_C_Pearson · 11h

Replying to @CJSDorset

I think Mr Fuller has excellent taste in books! Can't wait to hear what CJS pupils think of Freddie's journey!

... Many thanks



SRFuller

ATTENDANCE RACE

This week our whole school attendance is 97.6%.

The winners of the attendance race for last week are:

Year 3	3GF & 3BB	97.4%
Year 4	4AA	98.6%
Year 5	5GW	100% 
Year 6	6AM	100% 



ANTI-BULLYING WEEK—UNITED AGAINST BULLYING

16-20 November is National Anti-Bullying Week 2020. We will be spending a good deal of time throughout the week talking to your children about this important theme, and asking them to reflect on their behaviour. This website provides excellent information:

https://www.anti-bullyingalliance.org.uk/?gclid=EAIaIQobChMIIsP3ins_r7AIVM4BQBh1b4gljEAAAYASAAEgJIPD_BwE

On the first day of anti-bullying week—16 November—children (and adults!) can choose to wear odd socks to school. It is an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique!

We will focus upon the importance of kindness to one another throughout much of this special week. However, our approach to anti-bullying is that it is talked about and promoted in school all year round. Please see the attached poster which we have displayed in classes to help us promote kindness.

YOUTH TRUST ONLINE AFTER SCHOOL SPORTS CLUB

Every weekday at 5pm from 16 November until the end of term (18 December), there will be a 30-minute online club for all children and young people to do some sport, develop skills and, most importantly, have fun!

The different daily themes are below:

Adventure Monday – This might involve getting children to do floor, wall climbing and map reading all within their living room.

Tuesday Play – Imaginative play utilising resources in the house to create games and activities to get active.

Wild Wednesday – Some high tempo competitive activities involving personal challenges.

Thinking Thursday – Introducing cognitive challenges for children through movement. Active noughts and crosses and introducing an element of competition – whether that be against themselves, the clock, their siblings or remotely with friends.

Fun Friday – A chance for children to let loose and have some fun. Dancing and doing what makes them feel good.

Sessions will be broadcast live for children and young people through the Youth Sport Trust's [YouTube channel](https://www.youtube.com/user/YouthSportTrust?reload=9) and access is free at <https://www.youtube.com/user/YouthSportTrust?reload=9>

YEAR 5 VIRTUAL REALITY SESSION

On Thursday 19 November, Year 5 children will be taking part in a virtual reality lesson about the Vikings which will support their History Topic!

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CHILDREN IN NEED

In class today children have discussed the importance of this charity and considered how it helps those who are less fortunate. To see more information about the challenges that are going on to raise money for Children In Need, please visit - <https://www.bbcchildreninneed.co.uk/>

RECEPTION

In response to the latest guidance from the government, and to protect our staff please, can we ask that all parents refrain from coming into the office reception wherever possible and either call 01202 485579, email office@cjsdorset.org with any queries or Class DOJO if you need to get in contact with your child's class teacher. If you have any paperwork to hand in, please use the post box which is to the right-hand side of the automatic reception door.

HARRISONS HOT MEALS

We have now changed the cut off date for hot meals to 6 days prior to the start of the week you are trying to book. For example, If you wish to book for the w/c 23 November you must book by end of day Tuesday 17 November.

The menu for the last week of term has now been loaded and parents will be able to book through the ParentPay website.

HARRISONS CHRISTMAS LUNCH

A reminder to parents that the Christmas lunch will take place over two days:-

Wednesday 9 December 2020 Year 3 & 4 only

Thursday 10 December 2020 Year 5 & 6 only

Please ensure you book on the correct day for your child and you provide a packed lunch for the day your child's year group is not having their Christmas lunch.

If you are entitled to free school meals, there will be an option to book a packed lunch on the day your child is not due to have their Christmas lunch. The rest of the week will follow the standard menu choices.

LUNCHBOXES & WATER BOTTLES

A reminder to parents that all children should have their lunchboxes and water bottles with them before they start their school day. We have had many parents dropping in these items over the last few weeks and we ask that if your child has forgotten something, please leave them clearly marked with their name on the table outside reception and a member of staff will come and collect.

CAR PARKING

We ask that you please demonstrate respect to our local community, by only parking in designated, safe areas on the roads around school. Frequently, residents are contacting school to report drivers parking carelessly and blocking their driveways. Clearly, this is unacceptable and, most importantly, it potentially endangers our children. Our school car park is only for school transport vehicles, staff cars and blue badge holders (badges must be clearly displayed). Please respect this and find alternative parking arrangements, for the safety of our children. We remind you that pedestrians should use the pavements rather than walking through the car park.

AFTER-SCHOOL CLUBS

C.A.S.A will be continuing their club as of Monday 16 November and they will have contacted the parents whose children were enrolled before lockdown began. Our internal clubs are also going to be back up and running from Monday 16 November and all parents with children in clubs have been contacted this week via email. These clubs resume based on updated guidance from the Youth Sports Trust.

ADDITIONAL HELP FOR FAMILIES

Due to the ongoing pandemic, many families have found that they are in need of some extra support. Below is a link to the BCP website where you can find information on what help is on offer.

<https://www.bcpCouncil.gov.uk/News/News-Features/COVID-19/Help-advice-and-support/Who-to-contact-for-help.aspx>

If you can't find the help you need, please give us a call and we would be happy to discuss with you.

FLU JABS

Last week you will have received an email with a letter and leaflet advising you of the 'Flu Vaccination which is taking place at school on Thursday 3 December. Please ensure you have taken the time to read the letter carefully and complete the online form, even if you do not wish for your child to have the vaccination.

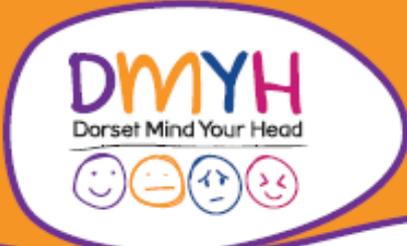
DATES FOR YOUR DIARIES 2020—2021 (correct at time of going to print)

Thursday 3 December

Flu Vaccination

Friday 18 December—Tuesday 5 January 2021

Christmas Holiday



www.dorsetmindyourhead.co.uk
#lifelimentallyhealthy

Facebook GROUP @Dorset Mind Your Head
Twitter @DMindYourHead Instagram @dorsetmindyourhead

NOTICE THE SIGNS: **GIVE**

EVERYDAY ACTS OF KINDNESS

We all know it can make our day or week if someone does a random act of kindness for us, especially at the moment.

So it's important we all GIVE them too - we have highlighted some ways you can share the love, kindness and happiness. This will not only make their day - but also yours too - knowing you've done or said something for someone else. We've shared some ideas for you to GIVE kindness below - these are small but can go a long way. Why not try and do some random acts of kindness over the next few days or weeks?

5 reasons why you should GIVE kindness!

- 1 There's a lot of value in small everyday acts of kindness
- 2 Everyday acts of giving can make a big difference to someone's wellbeing
- 3 Good deeds needn't take much time or cost any money
- 4 Individuals who report a greater interest in helping others are more likely to rate themselves as happy
- 5 Helping others reduces stress, and improves mood, self-esteem and happiness



“Remember there is no such thing as a small act of kindness.”

5 ways to GIVE kindness

- 2 Phone a family member or friend to check in
- 6 Smile at a stranger
- Hold the door open for someone
- Give a compliment
- Offer to walk a neighbour's dog

<https://dorsetmindyourhead.co.uk/resources/self-development-toolkit/five-ways-to-wellbeing/>
www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing



Dorset Mind Your Head is delivered by Dorset Mind who are a Registered Charity, 1188158.

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